

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 13:15 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:5, starttime: 14:16	
Heat: 5/9 Lane : 3 Athlete: FRANSSEN EMILY							Q-time: 03:01:51	
PB (25m pool): 03:19.63 Bilzen 14/01/2024				PB (50m pool): 03:01.51 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:19.63
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:7, starttime: 14:24	
Heat: 7/9 Lane : 2 Athlete: LUDWICZAK LENA							Q-time: 02:35:87	
PB (25m pool): no time			PB (50m pool): 02:35.87 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:7, starttime: 14:24	
Heat: 7/9 Lane : 3 Athlete: RUELENS COBIEN							Q-time: 02:33:98	
PB (25m pool): 02:36.02 3500 Hasselt 20/10/2024				PB (50m pool): 02:33.98SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.21		01:16.05		01:57.50		02:36.02
	00:36.21		00:39.84		00:41.45		00:38.52	
								

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:7, starttime: 14:24	
Heat: 7/9 Lane : 5 Athlete: BEIJNSBERGER LOUISE							Q-time: 02:36:61	
PB (25m pool): 02:52.60 De Sprink 01/06/2024				PB (50m pool): 02:36.61 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:52.60
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:7, starttime: 14:24	
Heat: 7/9 Lane : 6 Athlete: VANHEESWIJCK AMELEA							Q-time: 02:39:35	
PB (25m pool): 02:46.85 3500 Hasselt 20/10/2024				PB (50m pool): 02:39.35 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.15		01:21.78		02:07.08		02:46.85
	00:38.15		00:43.63		00:45.30		00:39.77	
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:8, starttime: 14:27	
Heat: 8/9 Lane : 1 Athlete: THEUWISSEN NORE							Q-time: 02:31:50	
PB (25m pool): 02:37.23 Bilzen 14/01/2024				PB (50m pool): 02:31.50 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:37.23
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:8, starttime: 14:27	
Heat: 8/9 Lane : 3 Athlete: NOUWEN FLEUR							Q-time: 02:30:35	
PB (25m pool): 02:37.69 3500 Hasselt 24/11/2024				PB (50m pool): 02:30.35 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.07		01:18.80		02:00.56		02:37.69
	00:38.07		00:40.73		00:41.76		00:37.13	
								

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:8, starttime: 14:27	
Heat: 8/9 Lane : 5 Athlete: HUYBREGTS JOLIEN							Q-time: 02:31:44	
PB (25m pool): 02:27.78 3500 Hasselt 24/11/2024				PB (50m pool): 02:31.37 SB: 02:31.44 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.40		01:12.29		01:51.12		02:27.78
	00:34.40		00:37.89		00:38.83		00:36.66	
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:8, starttime: 14:27	
Heat: 8/9 Lane : 6 Athlete: DE BELDER KATO							Q-time: 02:32:31	
PB (25m pool): 02:37.28 3500 Hasselt 20/10/2024				PB (50m pool): 02:32.31 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.40		01:17.27		01:58.73		02:37.28
	00:36.40		00:40.87		00:41.46		00:38.55	
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:9, starttime: 14:30	
Heat: 9/9 Lane : 2 Athlete: SCHOUTEDEN NIENKE							Q-time: 02:23:34	
PB (25m pool): 02:23.34 Hasselt 12/10/2025				PB (50m pool): 02:29.71 SB: 02:23.34 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.73		01:09.57		01:47.61		02:23.34
	00:32.73		00:36.84		00:38.04		00:35.73	
								

Coach feedback:

Event number: 2: 200M FREESTYLE MEN 11+							Heat:3, starttime: 14:40	
Heat: 3/6 Lane : 2 Athlete: TIMMERS BJARNE							Q-time: 02:55:16	
PB (25m pool): 02:55.16 Lommel 02/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.94		01:24.12		02:10.15		02:55.16
	00:39.94		00:44.18		00:46.03		00:45.01	
								

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 2: 200M FREESTYLE MEN 11+							Heat:5, starttime: 14:47	
Heat: 5/6 Lane : 1 Athlete: WALTERUS KILYAN							Q-time: 02:19:76	
PB (25m pool): 02:19.76 Hasselt 12/10/2025				PB (50m pool): 02:21.39SB: 02:19.76 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.28		01:08.97		01:45.73		02:19.76
	00:32.28		00:36.69		00:36.76		00:34.03	
								

Coach feedback:

Event number: 2: 200M FREESTYLE MEN 11+							Heat:5, starttime: 14:47	
Heat: 5/6 Lane : 4 Athlete: VAN DEN HOORN EBE							Q-time: 02:16:66	
PB (25m pool): 02:16.66 Lommel 02/03/2025				PB (50m pool): 02:26.94 SB: 02:20.53 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.94		01:06.37		01:43.09		02:16.66
	00:30.94		00:35.43		00:36.72		00:33.57	
								

Coach feedback:

Event number: 3: 50M BUTTERFLY MIXED 10-9										Heat:2, starttime: 14:55	
Heat: 2/6 Lane : 1 Athlete: LAMBERIGTS JANA										Q-time: 99:99:99	
PB (25m pool): no time										PB (50m pool): no time SB: no time	
	2 5 M		5 0 M								
PB			no time								
			no time								
											

Coach feedback:

Event number: 3: 50M BUTTERFLY MIXED 10-9										Heat:2, starttime: 14:55	
Heat: 2/6 Lane : 4 Athlete: HESEMANS ELIA										Q-time: 99:99:99	
PB (25m pool): no time										PB (50m pool): no time SB: no time	
	2 5 M		5 0 M								
PB			no time								
			no time								
											

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 3: 50M BUTTERFLY MIXED 10-9			Heat:3, starttime: 14:56
Heat: 3/6 Lane : 2 Athlete: THANS ANNA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MIXED 10-9			Heat:3, starttime: 14:56
Heat: 3/6 Lane : 3 Athlete: LENAERTS RAPHAËLLE			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MIXED 10-9			Heat:5, starttime: 14:59
Heat: 5/6 Lane : 1 Athlete: VANDIJCK NINA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MIXED 10-9			Heat:5, starttime: 14:59
Heat: 5/6 Lane : 2 Athlete: EERLINGEN KAREL			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 3: 50M BUTTERFLY MIXED 10-9			Heat:5, starttime: 14:59
Heat: 5/6 Lane : 3 Athlete: VROLIX FLEUR			Q-time: 00:57:31
PB (25m pool): 00:57.31 Bree 21/12/2025			PB (50m pool): no time SB: 00:57.31 Bree 21/12/2025
	2 5 M	5 0 M	
PB		00:57.31	
		00:57.31	
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MIXED 10-9			Heat:5, starttime: 14:59
Heat: 5/6 Lane : 6 Athlete: CHRISTIS LARS			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MIXED 10-9			Heat:6, starttime: 15:00
Heat: 6/6 Lane : 2 Athlete: DELBROEK CHLOé			Q-time: 00:53:54
PB (25m pool): 00:53.54 Bree 21/12/2025			PB (50m pool): no time SB: 00:53.54 Bree 21/12/2025
	2 5 M	5 0 M	
PB		00:53.54	
		00:53.54	
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MIXED 10-9			Heat:6, starttime: 15:00
Heat: 6/6 Lane : 3 Athlete: STINISSEN KATO			Q-time: 00:48:92
PB (25m pool): 00:53.71 Bree 21/12/2025			PB (50m pool): 00:48.92 SB: 00:53.71 Bree 21/12/2025
	2 5 M	5 0 M	
PB		00:53.71	
		00:53.71	
			

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 3: 50M BUTTERFLY MIXED 10-9				Heat:6, starttime: 15:00
Heat: 6/6 Lane : 5 Athlete: VAN MIERLOO MARIE				Q-time: 00:54:05
PB (25m pool): 00:54.05 Bree 21/12/2025				PB (50m pool): 01:04.92 SB: 00:54.05 Bree 21/12/2025
	2 5 M	5 0 M		
PB		00:54.05		
	00:54.05			
				

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 15:02
Heat: 1/6 Lane : 5 Athlete: REMANS QUIN					Q-time: 99:99:99
PB (25m pool): 01:35.27 Diksmuide 17/11/2024					PB (50m pool): 01:41.14 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.06		01:35.27	
	00:44.06		00:51.21		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 15:05
Heat: 2/6 Lane : 3 Athlete: LUDWICZAK JAGODA					Q-time: 01:56:80
PB (25m pool): 01:56.80 Bree 21/12/2025					PB (50m pool): 01:57.56 SB: 01:56.80 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.35		01:56.80	
	00:55.35		01:01.45		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 15:05
Heat: 2/6 Lane : 5 Athlete: SMEETS ELLA					Q-time: 02:02:38
PB (25m pool): 02:02.38 Pelt 05/10/2025					PB (50m pool): 02:11.40 SB: 02:02.38 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:58.91		02:02.38	
	00:58.91		01:03.47		
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 15:08
Heat: 3/6 Lane : 1 Athlete: SCHROOTEN LIEN					Q-time: 01:49:49
PB (25m pool): 01:49.49 Bree 21/12/2025					PB (50m pool): 02:03.46 SB: 01:49.49 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.34		01:49.49	
	00:53.34		00:56.15		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 15:08
Heat: 3/6 Lane : 2 Athlete: BIANCHI MAIA					Q-time: 01:45:53
PB (25m pool): 01:45.53 Bree 21/12/2025					PB (50m pool): 01:50.50 SB: 01:45.53 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.93		01:45.53	
	00:49.93		00:55.60		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 15:08
Heat: 3/6 Lane : 3 Athlete: BEIJNSBERGER JULIE					Q-time: 01:39:55
PB (25m pool): 01:39.55 Bree 21/12/2025					PB (50m pool): 01:47.57 SB: 01:39.55 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.28		01:39.55	
	00:48.28		00:51.27		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 15:08
Heat: 3/6 Lane : 4 Athlete: MOORS CALISTA					Q-time: 01:41:52
PB (25m pool): 01:41.52 Bree 21/12/2025					PB (50m pool): 01:51.39 SB: 01:41.52 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.44		01:41.52	
	00:48.44		00:53.08		
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 15:10
Heat: 4/6 Lane : 1 Athlete: NULENS AZZURRA					Q-time: 01:37:55
PB (25m pool): 01:37.55 Bree 21/12/2025					PB (50m pool): 01:46.79 SB: 01:37.55 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.65		01:37.55	
	00:46.65		00:50.90		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 15:10
Heat: 4/6 Lane : 6 Athlete: VAN EIJGEN LOUISE					Q-time: 01:37:87
PB (25m pool): 01:37.87 Pelt 05/10/2025					PB (50m pool): 01:40.92 SB: 01:37.87 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.18		01:37.87	
	00:46.18		00:51.69		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 15:12
Heat: 5/6 Lane : 1 Athlete: VANHEESWIJCK AMELEA					Q-time: 01:29:73
PB (25m pool): 01:29.73 Temse 17/11/2025					PB (50m pool): 01:35.54 SB: 01:29.73 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.09		01:29.73	
	00:42.09		00:47.64		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 15:12
Heat: 5/6 Lane : 2 Athlete: JORISKES LORE					Q-time: 01:28:49
PB (25m pool): 01:28.49 Bree 01/06/2025					PB (50m pool): 01:30.59 SB: 01:28.75 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.81		01:28.49	
	00:40.81		00:47.68		
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 15:12
Heat: 5/6 Lane : 5 Athlete: SCHOUTEDEN NIENKE					Q-time: 01:29:29
PB (25m pool): 01:29.29 Hasselt 12/10/2025					PB (50m pool): 01:32.92 SB: 01:29.29 Hasselt 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.06		01:29.29	
	00:41.06		00:48.23		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 15:14
Heat: 6/6 Lane : 1 Athlete: BOUSSON JULIE					Q-time: 01:26:06
PB (25m pool): 01:26.06 Hasselt 12/10/2025					PB (50m pool): 01:32.60 SB: 01:26.06 Hasselt 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.24		01:26.06	
	00:40.24		00:45.82		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 15:14
Heat: 6/6 Lane : 2 Athlete: VANGELOVEN FRAN					Q-time: 01:24:56
PB (25m pool): 01:23.67 Diksmuide 17/11/2024					PB (50m pool): 01:24.56 SB: 01:26.64 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.29		01:23.67	
	00:39.29		00:44.38		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 15:14
Heat: 6/6 Lane : 4 Athlete: LAMBRIGTS GITTE					Q-time: 01:23:75
PB (25m pool): 01:23.75 Temse 17/11/2025					PB (50m pool): 01:40.22 SB: 01:23.75 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.88		01:23.75	
	00:39.88		00:43.87		
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 15:22
Heat: 3/7 Lane : 4 Athlete: BEIJNSBERGER MATHIJS					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 15:24
Heat: 4/7 Lane : 1 Athlete: BIESIADECKI ALEXANDER					Q-time: 02:06:03
PB (25m pool): 02:06.03 Lommel 02/03/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:59.96		02:06.03	
	00:59.96		01:06.07		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 15:24
Heat: 4/7 Lane : 3 Athlete: SEGERS FERRE					Q-time: 01:45:02
PB (25m pool): 01:45.02 Bree 21/12/2025 PB (50m pool): 01:49.00 SB: 01:45.02 Bree 21/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.06		01:45.02	
	00:51.06		00:53.96		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 15:24
Heat: 4/7 Lane : 4 Athlete: RUELENS HENRI					Q-time: 01:45:28
PB (25m pool): 01:45.28 Bree 21/12/2025 PB (50m pool): 01:53.73 SB: 01:45.28 Bree 21/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.31		01:45.28	
	00:50.31		00:54.97		
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:5, starttime: 15:27
Heat: 5/7 Lane : 1 Athlete: JORISKES GIJS					Q-time: 01:42:15
PB (25m pool): 01:42.15 Bree 21/12/2025					PB (50m pool): 01:52.86 SB: 01:42.15 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.72		01:42.15	
	00:49.72		00:52.43		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:5, starttime: 15:27
Heat: 5/7 Lane : 2 Athlete: NIJS VIKTOR					Q-time: 01:36:91
PB (25m pool): 01:36.91 Bree 21/12/2025					PB (50m pool): 01:48.51 SB: 01:36.91 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.94		01:36.91	
	00:45.94		00:50.97		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:6, starttime: 15:29
Heat: 6/7 Lane : 2 Athlete: GEUTJENS MAXIME					Q-time: 01:27:21
PB (25m pool): 01:27.21 Hasselt 12/10/2025					PB (50m pool): 01:33.38 SB: 01:27.21 Hasselt 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.10		01:27.21	
	00:41.10		00:46.11		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:6, starttime: 15:29
Heat: 6/7 Lane : 6 Athlete: FERREIRA CRAVO ENZO					Q-time: 01:35:13
PB (25m pool): 01:35.13 Bree 21/12/2025					PB (50m pool): 01:37.95 SB: 01:35.13 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.59		01:35.13	
	00:45.59		00:49.54		
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 15:55
Heat: 6/7 Lane : 1 Athlete: NOUWEN FLEUR			Q-time: 00:38:98
PB (25m pool): 00:49.58 Beringen 05/03/2023			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:49.58	
	00:49.58		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 15:56
Heat: 7/7 Lane : 1 Athlete: DE BELDER KATO			Q-time: 00:35:95
PB (25m pool): 00:35.95 Bree 01/06/2025			PB (50m pool): 00:44.08 SB: no time
	2 5 M	5 0 M	
PB		00:35.95	
	00:35.95		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE MEN 11+			Heat:2, starttime: 15:59
Heat: 2/6 Lane : 3 Athlete: BEIJNSBERGER MATHIJS			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 16:03
Heat: 5/6 Lane : 2 Athlete: VAN DEN HOORN EBE			Q-time: 00:35:12
PB (25m pool): 00:35.12 LEUVEN 23/11/2025			PB (50m pool): 00:46.86 SB: 00:35.12 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:35.12	
	00:35.12		
			

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 16:06
Heat: 1/8 Lane : 3 Athlete: LAMBERIGTS JANA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 16:09
Heat: 2/8 Lane : 3 Athlete: MEERS CHRISTINE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 16:09
Heat: 2/8 Lane : 4 Athlete: VANSTRAELEN LOU					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 16:09
Heat: 2/8 Lane : 6 Athlete: NAKKACH NOOR					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:3, starttime: 16:12
Heat: 3/8 Lane : 3 Athlete: LEEN JULIE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:3, starttime: 16:12
Heat: 3/8 Lane : 4 Athlete: GOFFLO NOAH					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:3, starttime: 16:12
Heat: 3/8 Lane : 5 Athlete: PEETERS JOANNA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:4, starttime: 16:14
Heat: 4/8 Lane : 2 Athlete: GOOSSENS PHIL					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:4, starttime: 16:14
Heat: 4/8 Lane : 4 Athlete: AERTS ESMée					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:5, starttime: 16:17
Heat: 5/8 Lane : 1 Athlete: VANDIJCK NINA					Q-time: 02:06:19
PB (25m pool): 02:03.12 Lommel 02/03/2025					PB (50m pool): 02:06.19 SB: 02:07.68 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:58.34		02:03.12	
	00:58.34 01:04.78				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:5, starttime: 16:17
Heat: 5/8 Lane : 2 Athlete: VAN MIERLOO MARIE					Q-time: 02:02:14
PB (25m pool): 02:02.31 Zaventem 21/06/2025					PB (50m pool): 02:02.14 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.75		02:02.31	
	00:56.75 01:05.56				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:5, starttime: 16:17
Heat: 5/8 Lane : 4 Athlete: VROLIX FLEUR					Q-time: 02:01:82
PB (25m pool): 02:01.82 Pelt 05/10/2025					PB (50m pool): 02:03.99 SB: 02:01.82 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.28		02:01.82	
	00:56.28 01:05.54				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:6, starttime: 16:20
Heat: 6/8 Lane : 2 Athlete: HESEMANS ELIA					Q-time: 01:58:15
PB (25m pool): 01:58.15 Bree 21/12/2025					PB (50m pool): 02:06.63 SB: 01:58.15 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.68		01:58.15	
	00:55.68		01:02.47		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:6, starttime: 16:20
Heat: 6/8 Lane : 4 Athlete: STINISSEN KATO					Q-time: 01:57:43
PB (25m pool): 01:57.43 Pelt 05/10/2025					PB (50m pool): 02:11.57 SB: 01:57.43 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.14		01:57.43	
	00:55.14		01:02.29		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:6, starttime: 16:20
Heat: 6/8 Lane : 5 Athlete: LENAERTS RAPHAËLLE					Q-time: 01:58:66
PB (25m pool): 01:58.66 Lommel 02/03/2025					PB (50m pool): 02:00.47 SB: 01:58.70 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.95		01:58.66	
	00:55.95		01:02.71		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:6, starttime: 16:20
Heat: 6/8 Lane : 6 Athlete: THANS ANNA					Q-time: 01:59:42
PB (25m pool): 01:59.42 Pelt 05/10/2025					PB (50m pool): 02:01.62 SB: 01:59.42 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:57.96		01:59.42	
	00:57.96		01:01.46		
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:7, starttime: 16:22
Heat: 7/8 Lane : 1 Athlete: DELBROEK CHLOé					Q-time: 01:56:51
PB (25m pool): 01:56.51 Pelt 05/10/2025					PB (50m pool): 01:57.95 SB: 01:56.51 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:54.51		01:56.51	
	00:54.51		01:02.00		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:7, starttime: 16:22
Heat: 7/8 Lane : 5 Athlete: EERLINGEN KAREL					Q-time: 01:56:04
PB (25m pool): 01:59.58 Pelt 05/10/2025					PB (50m pool): 01:56.04 SB: 01:59.58 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:58.58		01:59.58	
	00:58.58		01:01.00		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:7, starttime: 16:22
Heat: 7/8 Lane : 6 Athlete: CHRISTIS LARS					Q-time: 01:56:75
PB (25m pool): 01:56.75 Bree 21/12/2025					PB (50m pool): 02:01.94 SB: 01:56.75 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.64		01:56.75	
	00:55.64		01:01.11		
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 16:28
Heat: 1/11 Lane : 4 Athlete: REMANS QUIN					Q-time: 99:99:99
PB (25m pool): 01:29.75 Bilzen 14/01/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:29.75	
	no time				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 16:30
Heat: 2/11 Lane : 3 Athlete: LAMBRIGTS GITTE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 16:32
Heat: 3/11 Lane : 2 Athlete: RUELENS COBIEN					Q-time: 99:99:99
PB (25m pool): 01:22.11 De Sprink 02/06/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:22.11	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 16:32
Heat: 3/11 Lane : 3 Athlete: HUYBREGTS JOLIEN					Q-time: 99:99:99
PB (25m pool): 01:19.41 De Sprink 22/12/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.41	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 16:32
Heat: 3/11 Lane : 5 Athlete: JORISKES LORE					Q-time: 99:99:99
PB (25m pool): 01:18.97 De Sprink 02/06/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:18.97	
	no time				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 16:35
Heat: 4/11 Lane : 6 Athlete: FRANSSEN EMILY					Q-time: 99:99:99
PB (25m pool): 01:52.71 Pelt 08/10/2023					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:52.71	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 16:37
Heat: 5/11 Lane : 1 Athlete: VANGELOVEN FRAN					Q-time: 99:99:99
PB (25m pool): 01:21.91 Bilzen 14/01/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:21.91	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 16:37
Heat: 5/11 Lane : 2 Athlete: SMEETS ELLA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 16:37
Heat: 5/11 Lane : 5 Athlete: BOUSSON JULIE					Q-time: 99:99:99
PB (25m pool): 01:29.66 Beringen 05/03/2023					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:29.66	
	no time				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 16:40
Heat: 6/11 Lane : 1 Athlete: LUDWICZAK JAGODA					Q-time: 01:51:78
PB (25m pool): 01:51.78 Pelt 05/10/2025					PB (50m pool): no time SB: 01:51.78 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:51.78	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 16:40
Heat: 6/11 Lane : 4 Athlete: BIANCHI MAIA					Q-time: 01:43:88
PB (25m pool): 01:43.88 Beringen 16/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:43.88	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 16:40
Heat: 6/11 Lane : 6 Athlete: LUDWICZAK LENA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 16:42
Heat: 7/11 Lane : 1 Athlete: SCHROOTEN LIEN					Q-time: 01:38:20
PB (25m pool): 01:38.20 Beringen 16/03/2025					PB (50m pool): no time SB: 01:47.32 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:38.20	
	no time				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 16:42
Heat: 7/11 Lane : 2 Athlete: MOORS CALISTA					Q-time: 01:34:15
PB (25m pool): 01:34.15 Lommel 02/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.76		01:34.15	
	00:44.76		00:49.39		
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 16:44
Heat: 8/11 Lane : 3 Athlete: BEIJNSBERGER JULIE					Q-time: 01:27:87
PB (25m pool): 01:27.87 Pelt 05/10/2025					PB (50m pool): no time SB: 01:27.87 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:27.87	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 16:44
Heat: 8/11 Lane : 5 Athlete: NULENS AZZURRA					Q-time: 01:29:11
PB (25m pool): 01:29.11 Lommel 02/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.96		01:29.11	
	00:41.96		00:47.15		
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 16:44
Heat: 8/11 Lane : 6 Athlete: VAN EIJGEN LOUISE					Q-time: 01:30:18
PB (25m pool): 01:30.18 Beringen 16/03/2025					PB (50m pool): no time SB: 01:30.93 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:30.18	
	no time				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 16:48
Heat: 10/11 Lane : 3 Athlete: BEIJNSBERGER LOUISE					Q-time: 01:18:56
PB (25m pool): 01:18.56 Bree 21/12/2025					PB (50m pool): no time SB: 01:18.56 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:18.56	
	no time				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:1, starttime: 16:52
Heat: 1/9 Lane : 5 Athlete: WALTERUS KILYAN					Q-time: 99:99:99
PB (25m pool): 01:17.27 De Sprink 02/06/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:17.27	
	no time				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:3, starttime: 16:57
Heat: 3/9 Lane : 2 Athlete: NIJS VIKTOR					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:3, starttime: 16:57
Heat: 3/9 Lane : 3 Athlete: RUELENS HENRI					Q-time: 99:99:99
PB (25m pool): 01:54.54 Sint-Truiden 17/03/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:54.54	
	no time				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 10: 100M MEDLEY MEN 11+					Heat:5, starttime: 17:02
Heat: 5/9 Lane : 3 Athlete: SEGERS FERRE					Q-time: 01:42:38
PB (25m pool): 01:42.38 Lommel 02/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.76		01:42.38	
	00:49.76		00:52.62		
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:5, starttime: 17:02
Heat: 5/9 Lane : 5 Athlete: BIESIADECKI ALEXANDER					Q-time: 01:52:82
PB (25m pool): 01:52.82 Beringen 16/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:52.82	
	no time				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:6, starttime: 17:04
Heat: 6/9 Lane : 5 Athlete: TIMMERS BJARNE					Q-time: 01:33:23
PB (25m pool): 01:33.23 Lommel 02/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.93		01:33.23	
	00:43.93		00:49.30		
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:7, starttime: 17:06
Heat: 7/9 Lane : 1 Athlete: FERREIRA CRAVO ENZO					Q-time: 01:25:34
PB (25m pool): 01:25.34 Bree 01/06/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.34	
	no time				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 10: 100M MEDLEY MEN 11+					Heat:7, starttime: 17:06
Heat: 7/9 Lane : 6 Athlete: JORISKES GIJS					Q-time: 01:27:94
PB (25m pool): 01:27.94 Bree 01/06/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:27.94	
	no time				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:8, starttime: 17:08
Heat: 8/9 Lane : 6 Athlete: GEUTJENS MAXIME					Q-time: 01:16:38
PB (25m pool): 01:16.38 Bree 21/12/2025					PB (50m pool): no time SB: 01:16.38 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:16.38	
	no time				
					

Coach feedback: